



High School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

February 2025

2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
Bosco Pepperoni and Cheese Stick or All Beef Hot Dog on a Roll Featured Veggies: Seasoned Green Beans Red Pepper Slices Choice of Fruit Choice of Milk	Walking Tacos with Doritos or Chicken Tenders with Pretzel Stick Featured Veggies: Glazed Carrots Black Bean and Corn Salad Choice of Fruit Choice of Milk	Waffle Sticks with Pork Sausage Links or Little Mac Burger on a Bun Featured Veggies: Mixed Vegetables Baby Carrot Choice of Fruit Choice of Milk	Buffalo Chicken Dip with Tortillas or Chicken, Bacon Ranch on Flatbread Featured Veggies: Crinkle Cut Fries Celery Sticks Choice of Fruit Choice of Milk	Super Bowl Party Cheese Steak Bar or Loaded Sidewinder Fries Featured Veggies: Corn on Cob with Old Bay and Parm Cheese Cole Slaw Choice of Fruit Choice of Milk
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
Cheese Filled Bread Stick with Tomato Soup or Rodeo Chicken Sandwich on a Kaiser Featured Veggies: Broccoli Baby Carrots Choice of Fruit Choice of Milk	Beef Soft Shell Tacos or Pulled Pork BBQ on a Kaiser Roll Feature Veggies Spanish Rice Black Bean & Corn Salsa Choice of Fruit Choice of Milk	Kung Po Chicken Bowl or Chicken Tenders with Dinner Roll Featured Veggies: Buttered Corn Garden Chickpea Salad Choice of Fruit Choice of Milk	Grilled Bruschetta Chicken with Garlic Bread or Cheese Ravioli with Alfredo and Garlic Bread Featured Veggies: Lemon Garlic Broccoli Bruschetta Choice of Fruit Choice of Milk Special Treat	Teacher In- Service No School <i>happy Valentine's day</i>
2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
No School Presidents Holiday 	General Tso Chicken over Vegetable Fried Rice or Chicken Nuggets with Pretzel Stick Featured Veggies: Steamed Broccoli Baby Carrots Choice of Fruit Choice of Milk	Burrito Bowl with Tortilla Chips or Cowboy Burger on a Kaiser Featured Veggies: Mexicali Corn Broccoli Salad Choice of Fruit Choice or Milk	Breakfast Bowl with Biscuit or Open Face Pizza Burger on a Kaiser Featured Veggies: Tater Tots Cucumber Slices Choice of Fruit Choice of Milk	Loaded Tot Bowl or Buffalo Chicken Cheese Steak Featured Veggies: Buttered Carrots Celery Sticks Choice of Fruit Choice of Milk
2/24/25	2/25/25	2/26/25	2/27/25	2/28/25
French Toast Sticks with Pork Sausage Links or BBQ Ribby Featured Veggies: Baked Beans Cole Slaw Choice of Fruit Choice of Milk	Walking Tacos with Doritos or Chicken Cordon Bleu on a Kaiser Featured Veggies: Corn Black Bean and Corn Salsa Choice of Fruit Choice of Milk	Penn Chicken Alfredo with Garlic Bread or Chicken Nuggets with Dinner Roll Featured Veggies: Steamed Broccoli Baby Carrots Choice of Fruit Choice Milk	Wing Bar or Mozzarella Sticks with Marinara Featured Veggies Curly Fries Cucumber Slices Choice of Fruit Choice of Milk	Sesame Chicken over Vegetable Rice or Meatball Parm Sub on Roll Featured Veggies Steamed Broccoli Bruschetta Choice of Fruit Choice of Milk

What is a Meal
You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup servicing of fruit or a minimum of a 1/2 cup of vegetables must accompany a reimbursable Lunch
Meat of Meat alternate
Choice of Vegetable
Choice of Fruit
Grain Bread
Choice of Milk - 1% White, and Fat-Free

Weekly Vegetable Subgroups May Include:

Dark Green- Spinach, Broccoli, Romaine and Spring Mix.
Red/ Orange- carrots, sweet potatoes, tomatoes, red peppers
Beans/ Peas- Green Peas, Black Bean, Garbanzo, Refried Beans, Red Kidney .
Starchy- white potatoes, corn, and lima beans
Other Vegetables- celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

Oranges, Apples, Banana's, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mixed Fruit Cup, Mandarin Oranges, Plums, Nectarines, Blueberries

Other Daily Entrée Options

Grill

Hamburger on a Bun
 Cheeseburger on a Bun
 Chicken Patty on a Bun
 Hot and Spicy Chicken Patty on a Bun

Pizza

Cheese Pizza
 Pepperoni Pizza
 Specialty Pizza

Chef Fresh Sandwiches and Wraps

Buffalo Chicken Wrap
 Chicken Caesar Wrap
 Chicken, Ranch BLT Wrap
 Crispy Chicken Wrap

Chef Fresh Salads

Buffalo Chicken Salad
 Chicken Caesar Salad
 Chopped Garden Salad
 Crispy Chicken Salad

Craveables

PB & Jelly Craveable
 Roasted Red Pepper Hummus Craveable

Student Paid Lunch -\$2.85 Student Reduced Lunch - 0.00 Adult Lunch \$4.05