



Middle School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

February 2025

2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
French Toast Sticks with Syrup	Sausage, Egg and Cheese on a Pancake	Eggo Mini Maple Waffles with Syrup	Ham, Egg and Cheese on Croissant	Pancakes with Syrup
or	or	or	or	or
Strawberry Yogurt Parfait	Pineapple Yogurt Parfait	Peach Yogurt Parfait	Mandarin Orange Yogurt Parfait	Blueberry Yogurt Parfait
100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
Ham, Egg and Cheese on English Muffin	Bacon, Egg and Cheese on a Bagel	Belgium Waffle Sticks with Syrup	Sausage, Egg and Cheese on a Donut	Teacher In-Service
or	or	or	or	No School
Strawberry Yogurt Parfait	Pineapple Yogurt Parfait	Peach Yogurt Parfait	Mandarin Orange Yogurt Parfait	<i>happy Valentine's day</i>
100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	
2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
No School Presidents Holiday 	Chocolate Chip French Toast with	Pancake Sausage on a Stick	Sausage, Egg and Cheese on a Pancake	Mini French Toast with Syrup
	or	or	or	or
	Pineapple Yogurt Parfait	Peach Yogurt Parfait	Mandarin Orange Yogurt Parfait	Blueberry Yogurt Parfait
	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit
2/24/25	2/25/25	2/26/25	2/27/25	2/28/25
Bacon, Egg and Cheese on a Bagel	Hashbrown Western Egg Bites	Sausage, Egg and Cheese on a Bagel	Mini French Toast with Syrup	Ham, Egg and Cheese on English Muffin
or	or	or	or	or
Strawberry Yogurt Parfait	Pineapple Yogurt Parfait	Peach Yogurt Parfait	Mandarin Orange Yogurt Parfait	Blueberry Yogurt Parfait
100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit

What is a Breakfast Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, and
You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, grape juice and fruit punch), fresh fruit selection including apples, bananas, oranges, pears

Whole Grain Cereal and Cereal Bar Selections

May Include:
Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Cheerios
Fruit Loops

Served with additional Grain

Poptarts may include

Strawberry, Blueberry, Cinnamon or Fudge

Daily Offerings May Include

Assorted Pop Tarts (Single Pack)
Assorted Cereal Bars
Assorted Breakfast Bars
Assorted Mini Bagels
Assorted Breakfast Breads
Assorted Cereals

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Now Hiring

Dining Services Substitutes
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For more information
Contact

Rose Levan @ Dining Services
rlevan@basdschools.org
or
610-861-8135 Ext. 37714

Apply on Talent Reef



View Nutritionals and menus on line
through the School Café App.

Student Paid Breakfast - Free Student Reduced Breakfast - Free Adult Breakfast \$2.20