



## Middle School Lunch Menu

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**February 2025**

2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
<p>Bosco Pepperoni and Cheese Stick</p> <p><b>Featured Veggies:</b> Seasoned Green Beans Red Pepper Slices Choice of Fruit Choice of Milk</p>	<p>Chicken Tenders with Pretzel Stick</p> <p><b>Featured Veggies:</b> Glazed Carrots Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>Little Mac Burger on a Bun</p> <p><b>Featured Veggies:</b> Mixed Vegetables Baby Carrot Choice of Fruit Choice of Milk</p>	<p>Buffalo Chicken Dip with Tortillas</p> <p><b>Featured Veggies:</b> Crinkle Cut Fries Celery Sticks Choice of Fruit Choice of Milk</p>	<p>Super Bowl Party Cheese Steak Bar or Loaded Sidewinder Fries</p> <p><b>Featured Veggies:</b> Corn on Cob with Old Bay and Parm Cheese Cole Slaw Choice of Fruit Choice of Milk</p>
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
<p>Cheese Filled Bread Sticks with Tomato Soup</p> <p><b>Featured Veggies:</b> Broccoli Baby Carrots Choice of Fruit Choice of Milk</p>	<p>Beef Soft Shell Tacos</p> <p><b>Featured Veggies:</b> Spanish Rice Black Bean or Corn Choice of Fruit Choice of Milk</p>	<p>French Toast Sticks with Pork Sausage Links</p> <p><b>Featured Veggies:</b> Tater Tot Coins Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>Cheese Ravioli with Alfredo and Garlic Bread</p> <p><b>Featured Veggies:</b> Lemon Garlic Broccoli Bruschetta Choice of Fruit Choice of Milk Special Treat</p>	<p>Teacher In-Service No School</p> <p><i>happy Valentine's day</i></p>
2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
<p>No School Presidents Holiday</p> 	<p>Chicken Nuggets with Pretzel Stick</p> <p><b>Featured Veggies:</b> Glazed Carrots Creamy Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>Burrito Bowl with Tortilla Chips</p> <p><b>Featured Veggies:</b> Mexicali Corn Black Bean and Corn Salsa Choice of Fruit Choice of Milk</p>	<p>General Tso Chicken over Vegetable Fried Rice</p> <p><b>Featured Veggies:</b> Steamed Broccoli Baby Carrots Choice of Fruit Choice of Milk</p>	<p>Loaded Tot Bowl</p> <p><b>Featured Veggies:</b> Mixed Vegetables Celery Sticks Choice of Fruit Choice of Milk</p>
2/24/25	2/25/25	2/26/25	2/27/25	2/28/25
<p>Dutch Waffles with Pork Sausage</p> <p><b>Featured Veggies:</b> Buttered Corn Broccoli Salad Choice of Fruit Choice of Milk</p>	<p>Walking Tacos with Doritos</p> <p><b>Featured Veggies:</b> Mixed Vegetables Black Bean and Corn Salsa Choice of Fruit Choice of Milk</p>	<p>Loaded Tot Bowl</p> <p><b>Featured Veggies:</b> Buttered Carrots Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>Wing Bar Choice of Sauces</p> <p><b>Featured Veggies:</b> Curly Fries Celery Sticks Choice of Fruit Choice of Milk</p>	<p>Sesame Chicken over Vegetable Rice</p> <p><b>Featured Veggies:</b> Steamed Broccoli Baby Carrots Choice of Fruit Choice of Milk</p>

**What is a Meal**  
You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup servicing of fruit or a minimum of a 1/2 cup of vegetables must accompany a reimbursable Lunch  
**Meat of Meat alternate**  
**Choice of Vegetable**  
**Choice of Fruit**  
**Grain Bread**  
**Choice of Milk - 1% White, and Fat-Free**

### Weekly Vegetable Subgroups May Include:

**Dark Green-** Spinach, Broccoli, Romaine and Spring Mix.  
**Red/ Orange-** carrots, sweet potatoes, tomatoes, red peppers  
**Beans/ Peas-** Green Peas, Black Bean, Garbanzo, Refried Beans, Red Kidney .  
**Starchy-** white potatoes, corn, and lima beans  
**Other Vegetables-** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

### Daily Fruit Selection May Include:

Oranges, Apples, Banana's, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mixed Fruit Cup, Mandarin Oranges, Plums, Nectarines, Blueberries

### Other Daily Entrée Options

#### Grill

Hamburger on a Bun  
Cheeseburger on a Bun  
Chicken Patty on a Bun  
Hot and Spicy Chicken Patty on a Bun

#### Pizza

Cheese Pizza  
Pepperoni Pizza  
Specialty Pizza

### Chef Fresh Sandwiches and Wraps

Buffalo Chicken Wrap  
Chicken Caesar Wrap  
Chicken, Ranch BLT Wrap  
Crispy Chicken Wrap

#### Chef Fresh Salads

Buffalo Chicken Salad  
Chicken Caesar Salad  
Chopped Garden Salad  
Crispy Chicken Salad

#### Craveables

PB & Jelly Craveable  
Roasted Red Pepper Hummus Craveable

**Student Paid Lunch -\$2.85 Student Reduced Lunch - 0.00 Adult Lunch \$4.05**